



AVINO SILVER & GOLD MINES LTD.

T 604.682.3701 Suite 900, 570 Granville Street ir@avino.com
F 604.682.3600 Vancouver, BC V6C 3P1 www.avino.com

NYSE - MKT: **ASM**

TSX-V: **ASM**

FSE: **GV6**

November 11th, 2013

AVINO OCTOBER PRODUCTION REPORT

Avino Silver and Gold Mines Ltd. (“Avino” or “the Company”) is pleased to announce the October 2013 production results from its San Gonzalo mine and Avino Mine surface stockpile operations located on the Avino property near Durango, Mexico.

October production from the San Gonzalo Mine and Avino Mine surface stockpiles are presented below along with a comparison with September output from both areas:

	Days of Operation	Total Mill Feed (metric tonnes)	Feed Grade Silver (g/t)	Feed Grade Gold (g/t)	Recovery Silver (%)	Recovery Gold (%)	Total Silver Produced (oz) Calculated	Total Gold Produced (oz) Calculated	Total October Silver Eq. Produced (oz) Calculated	Total September Silver Eq. Produced (oz) Calculated	% Change	YTD Silver Eq. Produced Calculated
San Gonzalo (Circuit 1)	30	6,468	264	1.22	85	72	46,448	182	58,279	59,073	(1.3)	617,137
Historic Above Ground Stock Piles (Circuit 2)	30	6,671	96	1.20	61	51	12,628	133	21,242	18,329	15.9	107,091
		13,139					59,076	315	79,521	77,402	2.7	724,228

Silver equivalent was calculated using a 65:1 ratio for silver to gold. Mill production figures have not been reconciled and are subject to adjustment with concentrate sales. Year-to-date and calculated figures may not add up due to rounding.

“We are pleased to report another consistent month of operations at the mine and mill; further demonstrating the reliability of our operations”

– David Wolfin, President, CEO & Director, Avino Silver & Gold Mines Ltd.

San Gonzalo

Comparative production numbers from October and September 2013 at San Gonzalo, as well as 2013 yearly totals are reported as follows:

	Oct 2013	Sept 2013	Monthly Change %	YTD SG
Total Mill Feed (dry tonnes)	6,468	6,301	2.7	65,529
Average Daily Throughput (tpd)	216	217	(0.5)	223
Days of Operation	30	29	3.4	293
Feed Grade Silver (g/t)	264	277	(4.7)	288
Feed Grade Gold (g/t)	1.22	1.27	(3.9)	1.29
Bulk Concentrate (dry tonnes)	202	203	(0.5)	2,017
Bulk Concentrate Grade Silver (kg/t)	7.15	7.15	0	7.73
Bulk Concentrate Grade Gold (g/t)	28.0	29.5	(5.1)	30.24
Recovery Silver (%)	85	83	2.4	83
Recovery Gold (%)	72	75	(4.0)	72
Mill Availability (%)	94.6	97.6	(3.1)	95.6
Total Silver Produced (kg)	1,445	1,449	(0.3)	15,588
Total Gold Produced (g)	5,661	5,979	(5.3)	6,099
Total Silver Produced (oz) <i>calculated</i>	46,448	46,579	(0.3)	501,166
Total Gold Produced (oz) <i>calculated</i>	182	192	(5.3)	1,961
Total Silver Equivalent Produced (oz)	58,279	59,073	(1.3)	617,137

Silver equivalent was calculated using a 65:1 ratio for silver to gold, Mill production figures have not been reconciled and are subject to adjustment with concentrate sales. Year-to-date and calculated figures may not add up due to rounding.

October Highlights

- Tonnage processed was slightly higher in October than September due to the extra operating day, despite mill availability being lower during the month.
- Silver and gold feed grades were lower in October as more development material was processed.
- Silver recovery was higher in October, whereas gold was lower
- The above factors resulted in a slight decrease in silver production, while gold production was lower by 5.3% compared to September.

Circuit 2 – Avino Mine Stock Piles

Comparative production numbers from October and September 2013 from the Avino Mine stock pile operation, as well as 2013 yearly totals are reported as follows:

	Oct 2013	Sept 2013	% Change	YTD 2013
Total mill feed – (dry tonnes)	6,671	6,583	1.3	41,231
Days of Operation	30	29	3.4	195
Feed grade Silver - g/t	96	85	12.9	84
Feed grade Gold - g/t	1.20	0.85	41	0.85
Bulk concentrate – (dry tonnes)	93.93	80.99	16.0	504.28
Bulk Concentrate Grade Silver (kg/t)	4.181	4.658	(10.2)	4.393
Bulk Concentrate Grade Gold (g/t)	43.88	36.63	19.8	36.05
Recovery Silver (%)	61	67	(9.0)	64
Recovery Gold (%)	51	53	(3.8)	52
Mill availability (%)	94	97	(3.1)	90
Total Silver Produced (oz) <i>calculated</i>	12,628	12,129	4.1	71,226
Total Gold Produced (oz) <i>calculated</i>	133	95	4.0	584
Total Silver Eq. Produced (oz) <i>calculated</i>	21,242	18,329	15.9	107,091

Silver equivalent was calculated using a 65:1 ratio for silver to gold, Mill production figures have not been reconciled and are subject to adjustment with concentrate sales. Year-to-date and calculated figures may not add up due to rounding.

October Highlights

- Gold and silver feed grades were up significantly during the month, resulting in a 40% increase in gold production and a 4.1% increase in silver production, albeit recovery of both metals were lower.
- Concentrate grade was also lower, resulting in the 16% increase in concentrate tonnes produced.
- Mill availability was 3.1% lower due to power outages and regular maintenance.

Quality Assurance/Quality Control

Mill assays are performed at the mine's on-site lab. Check samples are verified by Inspectorate Labs in Reno, Nevada. San Gonzalo concentrate shipments are assayed at AH Knight in Manzanillo, Mexico. The Avino stockpile concentrate shipments are assayed at LSI in Rotterdam, Netherlands.

Qualified Person(s)

Avino's projects are under the supervision of Chris Sampson, P.Eng, Avino Consultant and Jasman Yee P.Eng, Avino Director, who are both qualified persons within the context of National Instrument 43-101. Both have reviewed and approved the technical data in this news release.

About Avino

Avino's mission is to create shareholder value through profitable organic growth at the Avino property. We are committed to managing all business activities in an environmentally responsible and cost-effective manner while contributing to the well-being of the community in which we operate.

Management remains focused on the following key objectives:

1. Maintain profitable mining operations at San Gonzalo while decreasing operating costs and improving efficiency;
2. Develop the Avino mine for mineral production, expand mill output from 500 to 1,500 tpd;
3. Continue to review and develop plans to process the oxide tailings resource from previous milling operations (PEA issued in 2012);
4. Continue to explore regional targets on the property followed by other properties in our portfolio.

ON BEHALF OF THE BOARD

“David Wolfjin”

David Wolfjin
President & CEO
Avino Silver & Gold Mines Ltd.

Safe Harbor Statement - This news release contains "forward-looking information" and "forward-looking statements" (together, the "forward looking statements") within the meaning of applicable securities laws and the United States Private Securities Litigation Reform Act of 1995, including our belief as to the extent and timing of various studies including the PEA, and exploration results, the potential tonnage, grades and content of deposits, timing and establishment and extent of resources estimates. These forward-looking statements are made as of the date of this news release and the dates of technical reports, as applicable. Readers are cautioned not to place undue reliance on forward-looking statements, as there can be no assurance that the future circumstances, outcomes or results anticipated in or implied by such forward-looking statements will occur or that plans, intentions or expectations upon which the forward-looking statements are based will occur. While we have based these forward-looking statements on our expectations about future events as at the date that such statements were prepared, the statements are not a guarantee that such future events will occur and are subject to risks, uncertainties, assumptions and other factors which could cause events or outcomes to differ materially from those expressed or implied by such forward-looking statements.

Such factors and assumptions include, among others, the effects of general economic conditions, the price of gold, silver and copper, changing foreign exchange rates and actions by government authorities, uncertainties associated with legal proceedings and negotiations and misjudgments in the course of preparing forward-looking information. In addition, there are known and unknown risk factors which could cause our actual results, performance or achievements to differ materially from any future results, performance or achievements expressed or implied by the forward-looking statements. Known risk factors include risks associated with project development; the need for additional financing; operational risks associated with mining and mineral processing; fluctuations in metal prices; title matters; uncertainties and risks related to carrying on business in foreign countries; environmental liability claims and insurance; reliance on key personnel; the potential for conflicts of interest among certain of our officers, directors or promoters of with certain other projects; the absence of dividends; currency fluctuations; competition; dilution; the volatility of the our common share price and volume; tax consequences to U.S. investors; and other risks and uncertainties. Although we have attempted to identify important factors that could cause actual actions, events or results to differ materially from those described in forward-looking statements, there may be other factors that cause actions, events or results not to be as anticipated, estimated or intended. There can be no assurance that forward-looking statements will prove to be accurate, as actual results and

future events could differ materially from those anticipated in such statements. Accordingly, readers should not place undue reliance on forward-looking statements. We are under no obligation to update or alter any forward-looking statements except as required under applicable securities laws.

Cautionary Note to United States Investors - The information contained herein and incorporated by reference herein has been prepared in accordance with the requirements of Canadian securities laws, which differ from the requirements of United States securities laws. In particular, the term "resource" does not equate to the term "reserve". The Securities Exchange Commission's (the "SEC") disclosure standards normally do not permit the inclusion of information concerning "measured mineral resources", "indicated mineral resources" or "inferred mineral resources" or other descriptions of the amount of mineralization in mineral deposits that do not constitute "reserves" by SEC standards, unless such information is required to be disclosed by the law of the Company's jurisdiction of incorporation or of a jurisdiction in which its securities are traded. U.S. investors should also understand that "inferred mineral resources" have a great amount of uncertainty as to their existence and great uncertainty as to their economic and legal feasibility. Disclosure of "contained ounces" is permitted disclosure under Canadian regulations; however, the SEC normally only permits issuers to report mineralization that does not constitute "reserves" by SEC standards as in place tonnage and grade without reference to unit measures.

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.